

Welcome

We will begin shortly...

Welcome

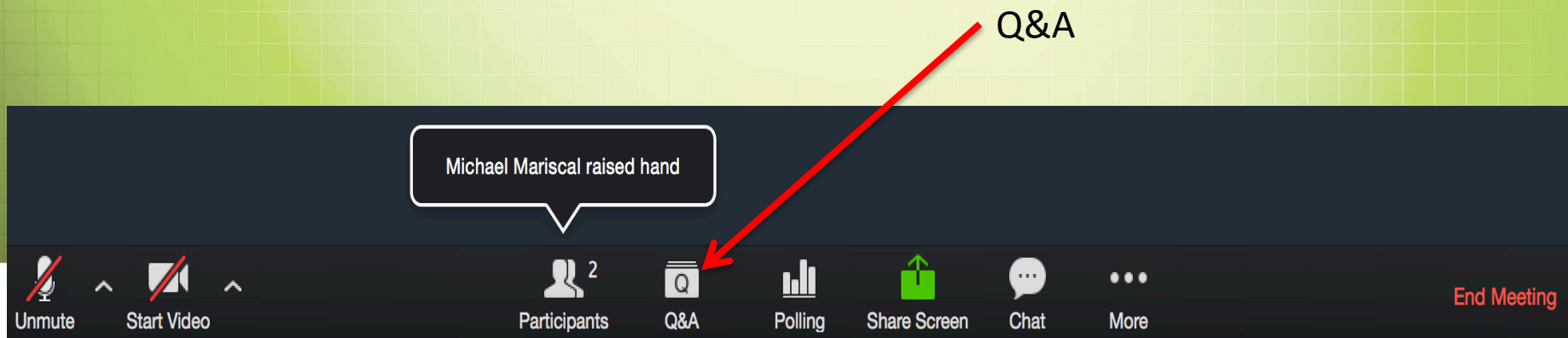
Implementing a Post-Graduate Clinical Psychology Residencies:
Why Start a Postdoctoral Residency Program?
Building the Case for Your Organization



April 26, 2018

Get the Most Out of Your Zoom Experience

- Use the Q&A Button to submit questions!
- Live tweet us at @CHCworkforceNCA and #primarycareteams
- Recording and slides are available after the presentation on our website within one week
- CME approved activity; requires survey completion
- Upcoming webinars: Register at www.chcl.com/nca



Why Start a Postgraduate Clinical Psychology Residency Program?: Building the Case for Your Organization

Today's Objectives:

1. Participants will better understand the value that psychologists bring to a multidisciplinary behavioral health program in the context of the interdisciplinary client centered team.
2. Participants will describe the drivers behind the decision to develop a postdoctoral psychology residency program.
3. Participants will begin to answer the questions of how these drivers play out at their health centers and leave with homework to do to more fully understand the risks and benefits developing a postdoctoral psychology residency.

CHC Profile

- ⊙ Founding year: 1972
- ⊙ Primary care hubs: 14; 204 sites
- ⊙ Staff: 1,000
- ⊙ Patients/year: 100,000
- ⊙ Specialties: onsite psychiatry, podiatry, chiropractic
- ⊙ Specialty access by e-Consult

Elements of Model

- ⊙ Fully Integrated teams and data
- ⊙ Integration of key populations into primary care
- ⊙ Data driven performance
- ⊙ “Wherever You Are” approach

Weitzman Institute

- ⊙ QI experts; national coaches
- ⊙ Project ECHO®— special populations
- ⊙ Formal research and R&D
- ⊙ Clinical workforce development

CHC Locations in Connecticut



CHC's Postdoctoral Clinical Psychology Residency Program

- If we want a team-based model of fully integrated primary care and behavioral health, we have to train the members of the team to that model.
- Licensed clinical psychologists are an invaluable member of the healthcare team and they must acquire supervised postgraduate hours for licensure in most states.
- Today, only a handful of 152 postdoctoral residency programs are based in FQHCs.





BH Workforce in FQHCs Now

Geographic Distribution of Active Psychologists

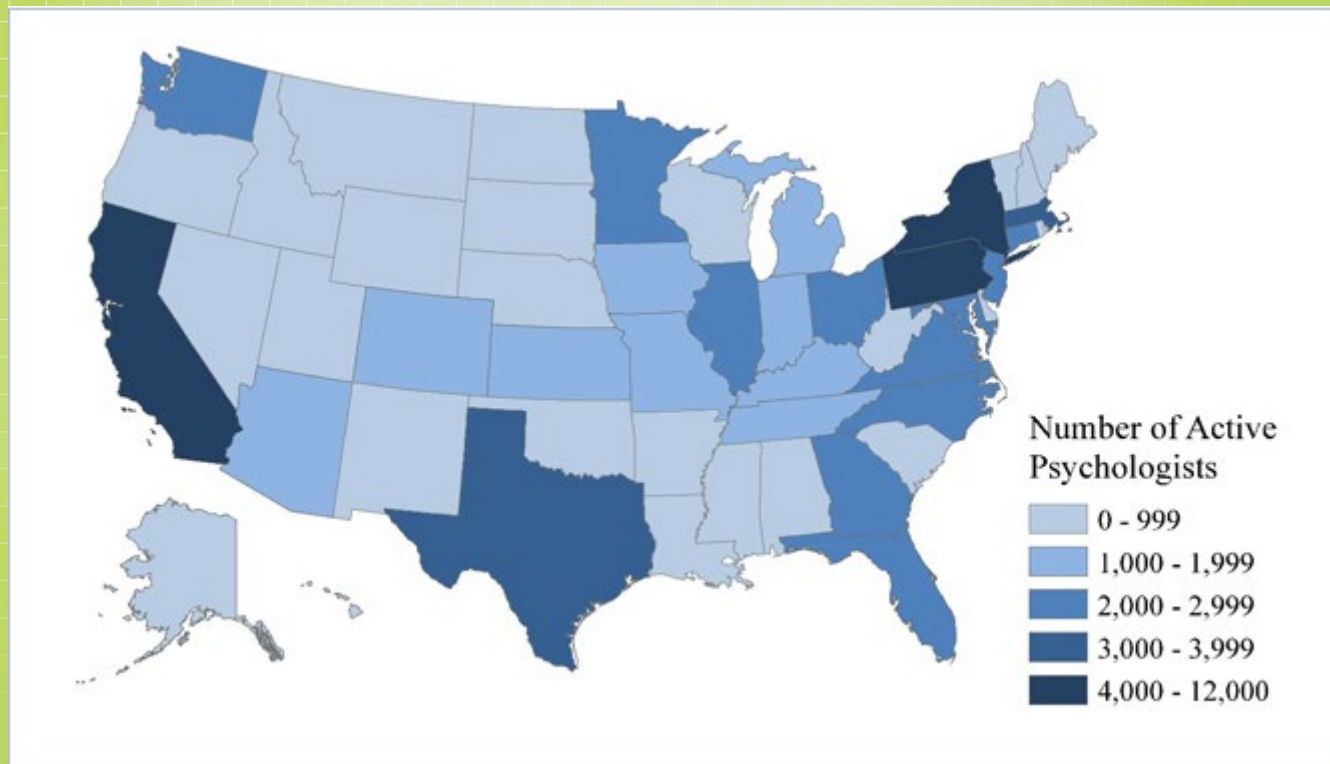


Figure 1: Distribution of Active Psychologists by State, 2013. Sources: 2013 ACS Files; 2013 Topologically Integrated Geographic Encoding and Referencing (TIGER) States Map from U.S. Census Bureau.

Slowing Growth of the Psychology Workforce

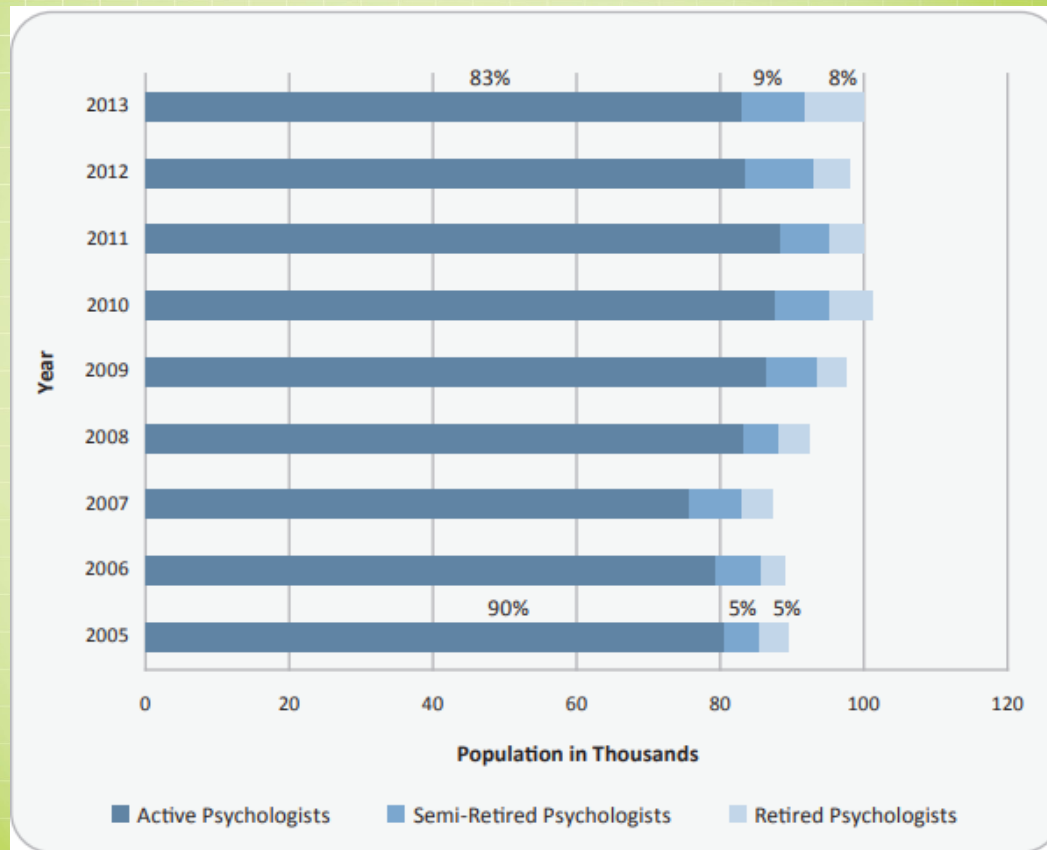


Figure 2. Changes in Active, Retired, and Semi-Retired Psychologists, 2005-2013

Staffing and Utilization

PERSONNEL BY MAJOR SERVICE CATEGORY	FTEs	Clinic Visits
	(a)	(b)
Psychiatrists	687.78	1,570,177
Licensed Clinical Psychologists	821.73	868,790
Licensed Clinical Social Workers	3,171.58	2,849,283
Other Licensed Mental Health Providers	2,298.46	2,164,238
Other Mental Health Staff	2,212.27	1,055,543

National 2016 UDS Data from 1367 Grantees

Congressional Funding

As currently written, the 2018 omnibus boosts federal health spending by \$10.1 billion, providing increases for the Substance Abuse and Mental Health Services Administration (SAMHSA), National Institutes of Health (NIH), Centers for Disease Control and Prevention (CDC) and more. Importantly, about \$4 billion of the additional funding is specifically dedicated to addressing the opioid crisis.

- **Certified Community Behavioral Health Clinics (CCBHCs):** Includes \$100 million in new funding to support the ongoing Certified Community Behavioral Health Clinic program active in eight states. This new program, spearheaded by National Council members, is dramatically expanding access to comprehensive and evidence-based mental health and addiction care.
- **Primary and Behavioral Health Care Integration and Technical Assistance Center:** \$49.877 million, level funding compared to last year. The technical assistance center that supports integration grantees receives level funding at \$1.991 million.

“RxP” –Prescribing Psychologists

Prescriptive authority may be granted to psychologists with;

- 2 years of postdoctoral training, or Continuing Education training in clinical psychopharmacology and related sciences,
- followed by 1 – 2 years of supervised prescribing, or a Certificate from the Department of Defense program, or the Board Certified Diploma from the Prescribing Psychologists Register (FICPP or FICPPM) to enable them, according to state law, to prescribe psychotropic medications to treat mental and emotional disorders.

Currently **five states** and **one US territory** permit certain psychologists to prescribe medications to their patients; **Idaho, New Mexico, Louisiana, Illinois, Iowa and Guam.**

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What psychologists add to a BH team

- Doctoral level trained clinicians – more extensive coursework and longer clinical training
- Greater experience and training early career
- Skilled in psychological assessment
- Research skills which may apply to QI work
- More likely to have had EBT training and experience

Drivers: Why Start a Postdoctoral Psychology Residency Program?



For The Common Good

Address the shortage of behavioral health providers, particularly those trained to an integrated model of primary care and behavioral health



For The Good of Your Health Centers

Influx of new energy and enthusiasm with the most recent evidence based knowledge

- **Increased staff satisfaction**
 - Professional development:
 - Learning to supervise
 - Increasing skill of clinical teaching
 - Recognition of skill
 - Passing on knowledge
 - Improved retention
- **Increased access for clients**
- **Opportunity to build a strong talent pool from which to hire**

For the Good of the Resident

- Prepares residents to work with vulnerable populations in an FQHC setting
- Build confidence within a clinical setting to become an independent clinician with enhanced treatment abilities and leadership skills
- Learn by doing and introject a picture of the role of a psychologist in a integrated care setting that informs professional self image at the start of a career
- Prepares the resident for the EPPP licensing exam
- Increases competitiveness in the job market for those who do not remain at their residency site.



Stories from the Field

Darius Fathi, Psy.D. CT Licensed Psychologist

On Site Behavioral Health Director for CHC Site in Danbury, CT. Graduated residency in 2016

Tanesha Rankine, Psy.D. Current Postdoctoral Resident at the CHC Site in Middletown, CT.

Graduate Survey Data

Please pull the following slide numbers from the survey data below - I am thinking two charts per slide but do what looks best.

<https://www.surveymonkey.com/results/SM-YCMNW9DKL/>

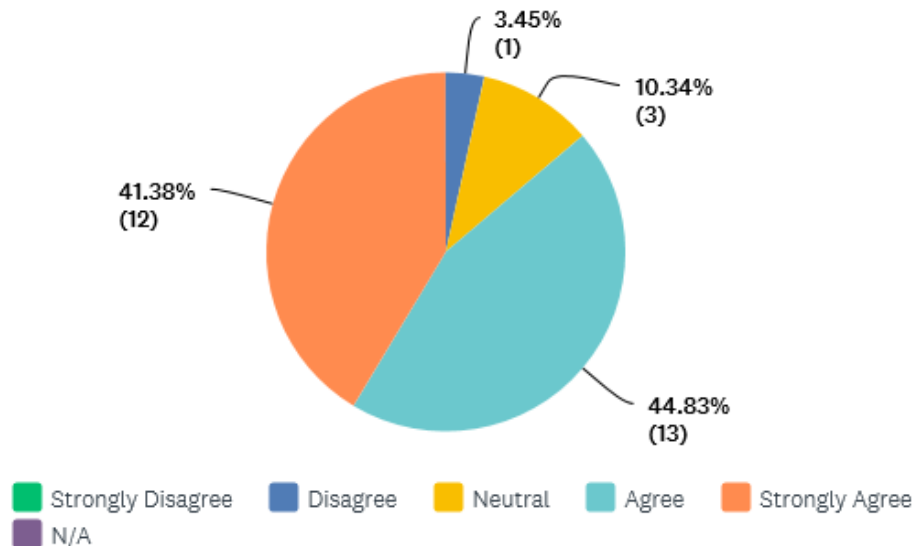
Q6 – first employment

Q 12 to 15

Please show the circle graph and the chart below, if there are “other” answers (as there are for some) please open the ‘other” responses and display them as well.

My postdoctoral residency year at CHC prepared me to independently monitor and apply knowledge of self and others as cultural beings in assessment, treatment and consultation.

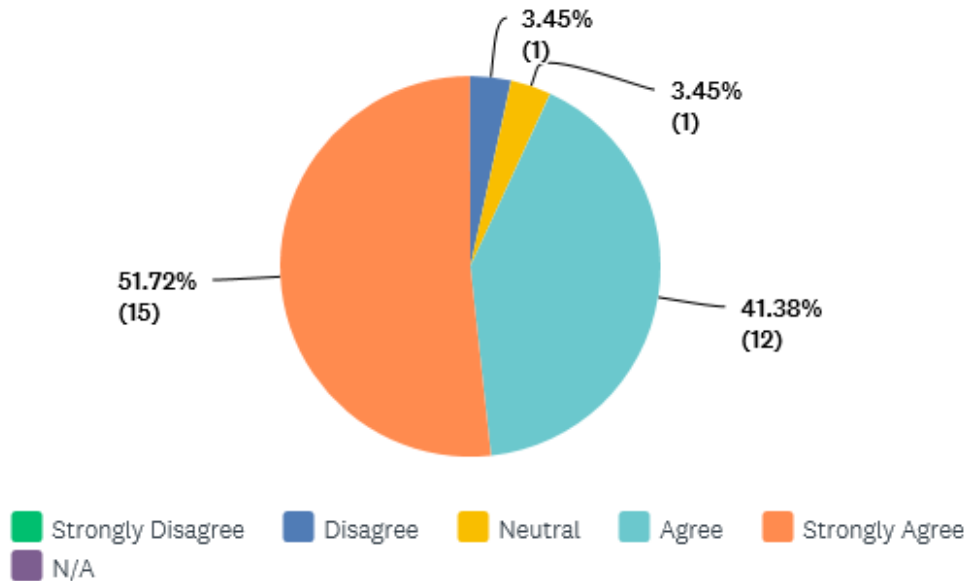
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My postdoctoral residency year at CHC prepared me to monitor and independently resolve situations that challenge professional values and integrity.

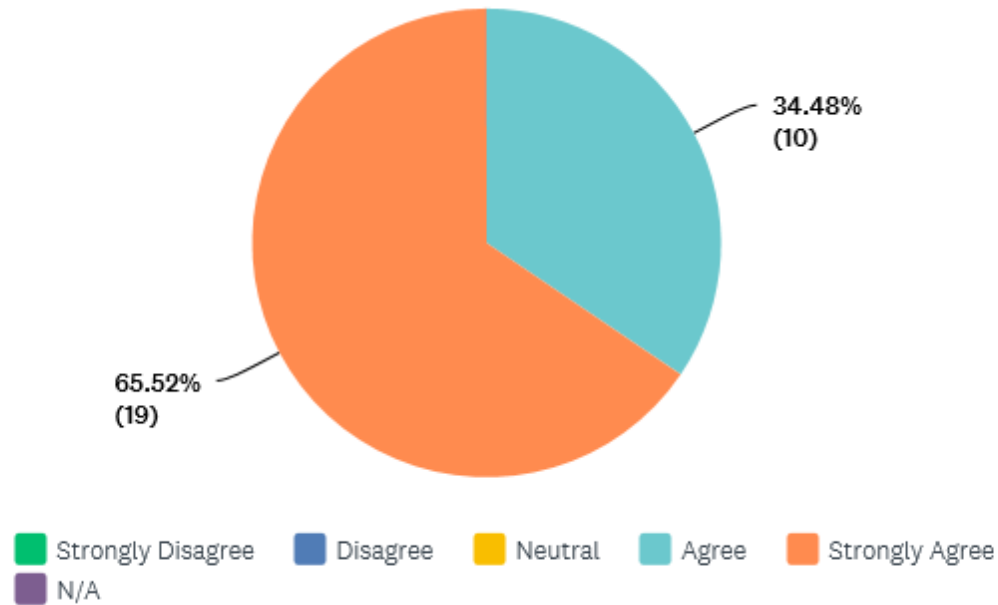
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My postdoctoral residency year at CHC prepared me to develop and maintain effective communication and relationships with a wide range of clients, colleagues, organizations and communities.

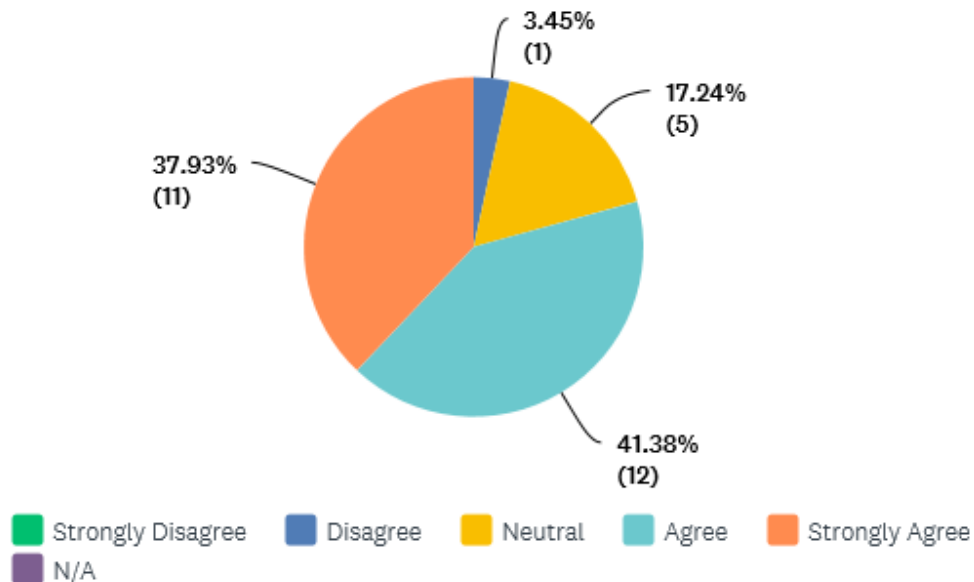
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My postdoctoral residency year at CHC prepared me to utilize case formulations and diagnosis for intervention planning in the context of stages of human development and diversity.

Answered: 29 Skipped: 0



The Road to Developing a Postdoctoral Psychology Program

- Answer the question: What are your drivers for starting a postgraduate program?
- Learn the essential elements of a postgraduate program
 - APPIC/APA standards
 - State licensing requirements
- Assess your own resources (physical, human, financial)
- Secure board, leadership, and clinical buy-in
- Develop financial and strategic plan including potential partners
- Costs and benefits:
 - Direct and indirect costs
 - Return on Investment: immediate and longer term
 - Benefits beyond the financial return



Questions and Answers