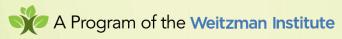


Welcome

Commun ty Health Center, Inc.'s

CLINICALWORKFORCE DEVELOPMENT

NATIONAL COOPERATIVE AGREEMENT



We will begin shortly...



Give Primary Care a Chance!

Creating an Education Experience in **Primary Care that** will Awaken BSN Students to the Professional Role of RNs in Primary Care

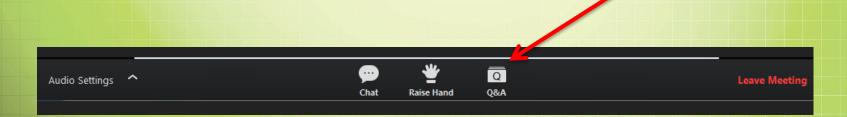


November 29th, 2018



Get the Most Out of Your Zoom Experience

- Use the Q&A Button to submit questions!
- Live tweet us at @CHCworkforceNCA
- Recording and slides are available after the presentation on our website within one week
- View past webinars at www.chc1.com/nca





The Community Health Center, Inc. and its Weitzman Institute provides education, information, and training to interested health centers on:

Transforming Teams

- National Webinars on the team based care model
- Invited participation in Learning Collaboratives to launch team based care at your health center

Training the Next Generation

- National Webinar series on developing Nurse Practitioner and Clinical Psychology residency programs and successfully hosting health profession students in health centers
- Invited participation in Learning Collaborative to implement these programs at health center





CHC Profile:

Founding year: 1972

Locations: 14

Patients/year: 100,000

THREE FOUNDATIONAL PILLARS

1

Clinical Excellence Research and

Development

Training the Next Generation

CHC Locations in Connecticut Stafford **Springs** D SBHC Enfield M D BH SBHC Windsor Locks East Windsor Windsor Winsted Bloomfield Hartford MDBH - New Britain M D BH SBHC WYA QC **Bristol** ● Portland DEH M D BH SBHC QC Groton Waterbury M D BH SBHC QC North Middletown Meriden Stonington M D BH SBHC WYA QC **New London** Pawcatuck Hamden Wallingford Danbury M BH SBHC WYA QC **└**Stonington Ansonia • **Waterford** Mystic D SBHC Clinton Old Saybrook Stamford M D BH SBHC Norwalk Westbrook D M D BH M Medical D Dental/Mobile Dental wns with CHC locations **BH** Behavioral Health ns with CHC mobile services SBHC School-Based Health Center WA Wherever You Are Homeless Services **QC** Quick Care



Weitzman Institute

The Weitzman Institute works to improve primary care and its delivery to medically underserved and special populations through research, innovation, and the education and training of health professionals.





Today's Objectives

- Participants will better understand why training baccalaureate nurses in primary care and community health is important
- Experts will share an overview of the DEU model's translation to primary care
- Participants will understand the goal of the DEU, and learn how the model builds nursing student competencies in primary care and community health
- Experts will share their strategies for effectively supporting, and mentoring the nursing students to prepare them for the rigor of caring for patients in the primary care setting



Why is training at your health center important?

- Professional responsibility to contribute to workforce development
- Creates clinical workforce pipeline
- Provides clinical staff with the opportunity to teach
- Trains students to a high performing model of care
- Opportunity to increase confidence and competence
- Trains students to the needs of underserved populations



Why train baccalaureate nurses in primary care is important...

- Minimal focus on the role of the primary care nurse in academic curriculum
- Primary care clinical competencies are not well defined
- Growing workforce demand for primary care nurses, particularly roles in complex care management
- Need for additional education, and experience with frontline nurses in primary care settings

Table 5 - Staffing and Utilization

National Data

View Information by Criteria Reported: Tables 3A through 9E View Full 2017 National Report

1373 Grantees

Dore	Personnel by Maior Service Category FTEs				
rers	onnel by Major Service Category	(a)			
1.	Family Physicians	5,933.44			
2.	General Practitioners	457.50			
3.	Internists	1,956.06			
4.	Obstetrician/Gynecologists	1,266.40			
5.	Pediatricians	2,831.71			
7.	Other Specialty Physicians	454.72			
8.	Total Physicians (Lines 1-7)	12,893.83			
9a.	Nurse Practitioners	8,851.71			
9b.	Physician Assistants	3,076.92			
10.	Certified Nurse Midwives	691.87			
10a.	Total NPs, PAs, and CNMs (Lines 9a-10)	12,620.50			
11.	Nurses	17,663.41			
12.	Other Medical Personnel	30,681.06			
13.	Laboratory Personnel	2,444.10			
14.	X-Ray Personnel	994.62			
15.	Total Medical (Lines 8+10a through 14)	77,297.52			

Personnel by Major Service Category	FTEs
Nurses	17,663.41
Total Medical	77,297.52

Table 5: Staffing and Utilization

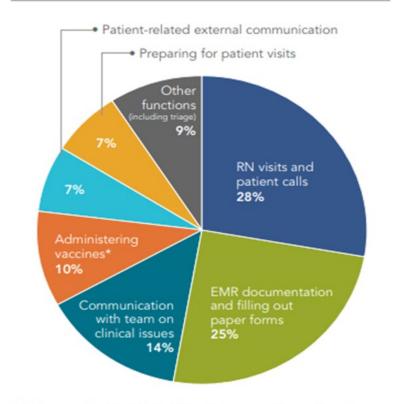
Pers	onnel by Major Service Category	FT	
		% Group	
1.	Family Physicians	7.68%	
2.	General Practitioners	0.59%	
3.	Internists	2.52%	
4.	Obstetrician/Gynecologists	1.64%	
5.	Pediatricians	3.66%	
7.	Other Specialty Physicians	0.59%	
8.	Total Physicians (Lines 1-7)	16.68%	
9a.	Nurse Practitioners	11.45%	
9b.	Physician Assistants	3.98%	
10.	Certified Nurse Midwives	0.90%	
10a.	Total NPs, PAs, CNMs(Lines 9a-10)	16.33%	
11.	Nurses	22.85%	
12.	Other Medical Personnel	39.69%	
13.	Laboratory Personnel	3.16%	
14.	X-Ray Personnel	1.29%	
15.	Total Medical (Lines 8+10a through 14)	100.00%	

22% of the
Total Medical
(FTE)
Workforce

Scope of Practice of RNs in Primary Care

- RN Visits and patient calls
- EMR documentation
- Communication with team on key issues
- Patient related external communication
- Preparing for patient visits

Figure 1. How RN Time Is Spent at CHCI



*May be completed by MAs in California, but not in Connecticut, where this falls only in the scope of practice of the nurse or the provider.

Source: Anderson DR, St. Hilaire D, Flinter M. "Primary Care Nursing Role and Care Coordination: An Observational Study of Nursing Work in a Community Health Center." Online J Issues Nurs. 2012;17(2):3.



HRSA's Commitment

Nurse Education, Practice, Quality and Retention (NEPQR)

Purpose

Recruit and train nursing students and current registered nurses (RNs) to practice to the full scope of their license in community-based primary care teams

Program Aim

Achieve a sustainable primary care nursing workforce equipped with the competencies necessary to address pressing national public health issues

- Even the distribution of the nursing workforce
- Improve access to care
- Improve population health outcomes by strengthening the capacity for basic nurse education and practice and addressing national nursing needs under three priority areas: education, practice and retention







Reflections from the Front Line

Amanda Molina, RN CHCI Staff Nurse

Sarahi Almonte, BSN-RN, MS CHCl Nurse Manager

Natalie Bycenski, MSN, RN CHCl Nurse Manager



Primary care RN placements can be challenging to identify

- Rotations generally focus on acute settings
- Partnerships with primary care settings are typically not well established
- Primary care RN role optimization is not uniformly implemented at all primary care organizations



Dedicated Education Unit (DEU)

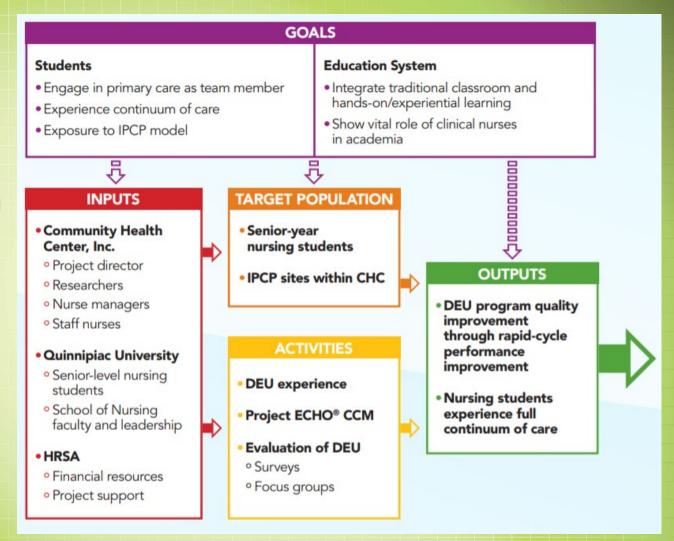
"The dedicated education unit (DEU) model of clinical education is an evidence-based alternative to the traditional model of clinical teaching designed to create an optimal educational environment for nursing student"

History of the DEU Concept

- Flinders University of South Australia School of Nursing, 1990s
- Due to the growing need for quality clinical placements for nursing students
- Improved strategic partnership between academia and clinical sites
- Ensured an excellent student experience, while factoring in the clinical challenges of placement sites



Logic Model: CHCI Implementation





Student Experience

- Reinforced academic programming concurrently with rotation at a primary care site
- Learned how to deliver care to underserved patients in the primary care setting
- Received didactic to support their understanding of the role of the primary care nurse
- Learned the need for critical thinking skills in the primary care setting
- Reinforced learning of the primary care competencies in the clinical setting



Core Competencies

The goal of the DEU at CHC is to build nursing student competencies in Interprofessional Collaborative Practice (IPCP) by providing training and experience in complex care management within an IPCP environment. These core competencies were developed based on those created by QSEN with translation to make them more appropriate for the primary care setting (Cronenwett et al, 2007). They still focused on the main domains of:

- Teamwork and Collaboration Safety
- Evidence-Based Practice
- Patient-Centered Care
 Quality Improvement

 - Informatics

Overview of Typical DEU Schedule:

- 8:30 am 4:00 pm
- Project ECHO Complex Care Management session (bi-weekly, 90 minutes)
- Clinical time with front line nurse preceptors
- Post-clinical conference (30 minutes)



Clinical time with front line nurse preceptor

- Provider Visit Support
- Independent Visits
- Clinical Tool review
- Triage
- CCM Process
- Population Management



Experience Innovative Healthcare **Practices**

- Team huddles
- Integrated care meetings
- Population management
- Trained on how to use dashboards, scorecards and other data sources to inform their practice throughout the day

Weitzman

Participate in innovative training delivered to CHCI's nurses such as Project ECHO©:

> Complex Care Management, which is a telehealth model that creates a knowledge network for nurses

> > Includes both didactic and casebased learning, where frontline nurses and student nurses can present complex cases and get feedback and support from a multi-disciplinary team of experts on next steps in their care planning





"I like how they kind of changed my view about where nursing can go...it's not just, you see a patient and that's it and you move on. You can stay with that patient and follow-up with them and make sure that everything in their life is not affecting their health."



Logic Model: Outcomes

	SHORT-TERM OUTCOMES	LONG-TERM OUTCOMES
Primary Care Health Center	Implementing one of CHC's foundational pillars: Training the next generation	Improved patient outcomes Patient satisfaction
Nurses	Opportunity for leadership role Improved understanding of IPCP environment	Satisfaction in team Improved RN leadership skill
Students	Better knowledge of primary care Role of nurse in IPCP team Patient-centered care Importance of research and QI	# of nurses in primary care workforce from DEU Improved overall care coordination IPCP in health care



Impact of the DEU

Focus Groups

Gained Real Life Knowledge: Students valued the knowledge they gained during the clinical rotation at CHCL

- Recognized that the educational format was different from previous experiences
- Learning in this environment made them gain confidence, not only with provide education for patients but with themselves

Valued Holistic and Interdisciplinary Approach: The interdisciplinary approach to patient care was an eye opener for many of the students.

Changed their view of inpatient nursing as well as they would be more inclined to look at their patients discharge plans beyond the inpatient walls



Impact of the DEU

Focus Groups

Bumps in the Path: The rotation at CHCI was not without challenges. When they first came on board, they did not know where to go and there was a lack of patient experiences to ensure a good experience for all students.

Ensured ongoing quality improvement strategies





Focus Groups Themes

Understanding the role of the Primary Care Nurse

- "I've done ten-fold more patient education here than I ever had on a hospital floor."
- The nurse was "not treating the diagnosis" but "treating the whole person".

Interdisciplinary Care Team

 It amazed them to observe "each pod and seeing how they work together as a team" and communicated so well across disciplines

Exposure to diverse patient populations

 "There are a lot of vulnerable populations that attend the community health centers, and seeing that they are treated equally and given the same support and care as they should be is really awesome."



Questions?

Mary Blankson, APRN, FNP-C, DNP CHCl Chief Nursing Officer

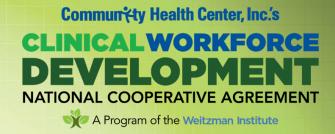
Sarahi Almonte, BSN-RN, MS CHCI Nurse Manager

Natalie Bycenski, MSN, RN CHCl Nurse Manager

> Amanda Molina, RN CHCI Staff Nurse



Upcoming Webinar!



Behavioral Health Workforce Development
Training Across the Various Behavioral
Health Disciplines
November 13th, 2018
3-4pm EST

Visit www.chc1.com/nca
Contact us at nca@chc1.com

References

- Almonte, S., Bains. R., Blankson, M., & Taylor, S. (2017). Implementing a Dedicated Education Unit for Senior Year Baccalaureate Nursing Students in Primary Care, Poster session presented at 28th International Nursing Research Congress, Dublin, Ireland.
- Edgecombe, K., Wotton, K., Gonda, J., & Mason, P. (1999). Dedicated Education Units: A New Concept for Clinical Teaching and Learning. *Contemporary Nurse*, 8(4), 166-171.
- Evaluation outcomes of a dedicated education unit in a baccalaureate nursing program. Journal of Professional Nursing, 28(4), 223-230.
- Flinter, M., Blankson, M., & Ladden, M.J. (2016). Registered Nurses in Primary Care: Strategies that Support Practice at the Full Scope of the Registered Nurse License. Registered Nurses: Partners in Transforming Primary Care. Recommendations from the Macy Foundation Conference on Preparing Registered Nurses for Enhanced Roles in Primary Care, Atlanta, GA.
- Mulready-Shick, J., & Flanagan, K. (2014). Building the evidence for dedicated education unit sustainability and partnership success. Nursing Education Perspectives, 35(5), 287-293. Rhodes, M. L., Meyers, C. C., & Underhill, M. L. (2012).
- Anderson, D., St Hilaire, D., & Flinter, M. (2012). Primary care nursing role and care coordination: An observational study of nursing work in a community health center. Online J Issues Nurs, 17(3).